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NEWS WORTH SHARING.

# Starry night

NHL's best face off in Ohio. Page 21.

## KWAN-TUM LEAP

**B.C. provincial New Democrat Jenny Kwan plays a traditional native drum after announcing her run for a federal NDP seat at a gathering in Vancouver on Sunday. Kwan, who has served as MLA for Vancouver-Mount Pleasant since 1996, is the NDP's longest-serving MLA in the province. She hopes to replace longtime Vancouver East NDP MLA Libby Davies, who announced in December that she would not seek another term. Story, page 4.** JONATHAN HAYWARD/THE CANADIAN PRESS

# New organic regs welcomed

**Food.** Certification to protect consumers against fraud: Experts

MATT KIELTYKA
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The provincial government announced on Saturday it will move ahead with a plan requiring all "organic" products sold in British Columbia to be certified.

Currently, any B.C. farmers selling organic products outside the province require national certification.

And while B.C. has its own certification regime and verified logo, Certified Organic Associations of B.C. co-president Mary Forstbauer said there hasn't been anything deterring local farmers from using the term "organic" within the province.

"That has caused a lot of confusion in the marketplace," Forstbauer said. "This legislation is looking at regulating the word organic and is there to protect the consumer from fraud."

One organic farmer thinks it's about time the province is getting into the certification game. Kevin Klippenstein, of Klipper's Organic Acres in the Similkameen Valley and a former board member of the Vancouver Farmers' Market, welcomed the news.

"We've been trying to push for this for a long time now," said Klippenstein. "I get it, everyone is trying to sell their goods. Regulating the word should stop those people from saying it's organic."

He's seen many vendors use the term "organic" to boast about no spray products or organically fed food that wouldn't otherwise make the cut.

Until now, Elizabeth Quinn, the executive director of the B.C. Association of Farmers' Markets, said markets have taken it upon themselves to encourage farmers to be "transparent" about their practices.

Whether food is organic or not, Quinn says the best way to be confident is to develop a relationship with farmers and ask lots of questions.

Consultations with stakeholders are ongoing, according to the government.

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NEWS

Whistler

## Lost snowboarder survives 3 days in backcountry

A woman who spent three nights in the Whistler backcountry has been found safe-and-sound, according to RCMP.

Police were notified Friday that the snowboarder was missing, having been last seen on Wednesday morning.

Search-and-rescue crews spent the day searching for her from her last known location on the Glacier Express chairlift on Blackcomb Mountain but had to suspend their search at nightfall.

The search resumed Saturday with multiple search teams, search dogs and a helicopter.

Crews ventured into the backcountry until they picked up on fresh tracks in the afternoon that led them to the missing snowboarder at Wedge Creek.

MATT KIELTYKA/METRO

Haida Gwaii

## No tsunami after 4.8-magnitude earthquake

A 4.8-magnitude earthquake struck off the coast of Haida Gwaii on Sunday afternoon.

There have been no reports of damage, and a tsunami was not expected.

The quake hit at around 1:10 p.m. just west of the archipelago and about 88 kilometres south of the Village of Queen Charlotte. Hundreds of earthquakes have hit B.C. or its coastline over the past month, although most are not felt by residents. THE CANADIAN PRESS

## PuSh-ing in the streets

A performer takes part in a free outdoor showing of Le Grand Continental at the Queen Elizabeth Theatre Plaza on Sunday. Seventy local dancers put on four performances of the Sylvain Émard choreographed routine for appreciative audiences throughout the weekend as part of the 2015 PuSh International Performing Arts Festival.

MATT KIELTYKA/METRO

# First Nations learn basics of coding at The HTML500

**Digital literacy.**
Event aims to improve employment among aboriginal communities

Quoted

**"Technology becomes a really big way for our people to come together in ways that we couldn't otherwise."**

Khelsilem, a 25-year-old member of Squamish Nation who is spearheading a project to revitalize indigenous languages through online websites

Squamish Nation member Khelsilem is fluent in his native tongue and passionately spearheading a project to revitalize indigenous languages. But he wants to turbocharge his linguistic proficiency by learning an entirely new and universal language: computer code.

The 25-year-old from North Vancouver plans to preserve and share the Squamish and Downriver Halkomelem languages by acquiring coding skills, which he'll use to construct a website that gives his community's lingual traditions worldwide reach.

"Geography is the biggest challenge we have as indigenous people when it comes to revitalizing languages. There's so many languages in Canada, and it becomes really hard to co-ordinate," he said.

Khelsilem was among two tables of 20 laptop-laden First Nations people adding their beat to the rhythmic key tapping of 500 British Columbians who gathered over the weekend for a massive computer-coding boot camp.

The humming hive filled a cavernous Vancouver conference space for The HTML500, the premier 2015 event in a four-city caravan teaching the ABCs of web coding.

The idea was to provide free lessons in basic coding languages, including HyperText Markup Language, or HTML, which is a standard code used in websites. Organizers hope the boot camp prompts a mass movement toward "digital literacy."

The targeted inclusion of First Nations at the event was conceived to increase employability in Canada's aboriginal communities while taking advantage of the fastest-growing population of young people in the country to help fill jobs skills gaps.

Coding knowledge is anticipated to be a boon for remote and rural native communities that are increasingly gaining Internet connectivity, said Denise Williams, acting executive director for the First Nations Technology Council.

"It's more accessible than a lot of institutional-type careers or mainstream careers. It's creative and it's fun," Williams said. "It really speaks to who we are as First Nations people in terms of creating and developing things that can support and really inspire what the future is going to look like."

THE CANADIAN PRESS

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# Jenny Kwan announces run for federal NDP seat

**Politics.** Kwan said she wants to to fight for a national inquiry into missing and murdered aboriginal women

EMILY JACKSON
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The British Columbia NDP's longest-serving MLA, Jenny Kwan, will vie for the federal party nomination to run in Vancouver East against her caucus colleague, Mable Elmore.

Flanked by supporters from the three local First Nations and the Chinese community at the Aboriginal Friendship Centre on Sunday afternoon, Kwan announced that she wants to graduate from her position as Vancouver-Mount Pleasant MLA and fill former NDP MP Libby Davies' shoes. Davies is not seeking re-election after 17 years on the job.

"Vancouver East is a very special riding. It is a riding that I think is the conscience of this country," Kwan said, noting that she has served the community for 25 years as a councillor and MLA.

Kwan said she wants to go to Ottawa to fight for a national inquiry into missing and murdered aboriginal women, a national housing strategy, $15-a-day child care and a clear path to citizenship for temporary foreign workers.

It will be an "intense race" against Elmore, the NDP MLA for Vancouver-Kensington, Kwan told reporters.

"No matter what happens, we have to be committed, and I am committed, to ensure that Vancouver East remains with an NDP representative," she said.

If nominated, Kwan would consult with provincial NDP leader John Horgan before "taking some action," which likely means stepping down to focus on the federal race.

Kwan spent some uncomfortable time in the spotlight last spring when a scathing audit revealed she went to Europe and Disneyland with nearly $35,000 in funds from the Portland Hotel Society where her ex-husband worked. The scandal resulted in mass resignations at the society, but Kwan doesn't expect it will hurt her run for the federal seat.

Jenny Kwan announces her bid for the NDP nomination to run in Vancouver East at the Aboriginal Friendship Centre on Sunday. Kwan will vie for the federal NDP nomination against her caucus colleague Mable Elmore. EMILY JACKSON/METRO

Kwan said she was shocked when she found out how her former spouse paid for the trips. She immediately borrowed money and paid the organization back.

"I think that the issue has been dealt with … I think that people will see the record of my work in the community and make their decisions accordingly."

# Man in attic of grow-op says he was just a 'caretaker'

NEAL HALL
The Canadian Press
exclusively for Metro

A man found hiding under fibreglass insulation in the attic after police raided a marijuana grow-op in a Surrey home claimed he was merely the "caretaker" of the operation.

But a B.C. Supreme Court judge ruled this week that the accused, Van Hoach Pham, was the owner of the sophisticated commercial grow-op, which was raided on March 29, 2012.

Police seized 1,206 plants and about six kilos of dried marijuana with an estimated value of less than $200,000.

Pham bought the home, on 60th Avenue in the Cloverdale area of Surrey, in 2009.

Police believe the heavily fortified residence had been operating a grow-up for some time without their detection.

Pham pleaded guilty to production of marijuana, but argued he wasn't the owner of the grow-op. He said he was merely the caretaker who was paid $5,000 a month. The judge rejected the man's claim.

"I accept the evidence of the Crown on sentencing that Mr. Pham was a 'trusted person,' 'owner,' 'grower' and 'security' involved in this grow operation and not merely a 'caretaker,'" said Justice Robert Jenkins in writing.

"I also accept that it is possible that he was part of a larger group who could have filled some of the other typical roles of persons engaged in grow operations," the judge added.

Pham also had been charged with theft of 20,149 watts of electricity from BC Hydro and possession of pot for the purpose of trafficking, which he admitted to but the charges were dropped as part of the plea deal.

The judge imposed a one-year jail sentence and another year of probation.

The judge noted that if Pham had been busted seven months later. On Nov. 6, 2012, he would have faced a new mandatory-minimum sentence of three years in prison for a large-scale grow-op involving theft of electricity.

The B.C. Director of Civil Forfeiture tried to seize Pham's house after the drug raid, but they were unable to locate Pham to serve him with notice.

Four days after he was busted, Pham sold the house for $450,000, about $161,000 below the assessed value, the judge was told.

Concern

## Sewage-dumping rules under review

Transport Canada is reviewing stakeholder comments on its proposal to loosen sewage dumping rules and let small vessels release untreated waste closer to shore, according to a spokeswoman. The closer dumping zone raised concerns of a Vancouver Coastal Health medical health officer who fears Metro Vancouver's already bad water quality could get even worse with lax rules.

But Transport Canada says it's considering the changes because small vessels aren't certified to navigate beyond three nautical miles from shore, the current required distance to discharge sewage, spokeswoman Mélany Gauvin said. EMILY JACKSON/METRO

Surrey

## Mounties make arrest in 2006 homicide

Surrey RCMP have laid charges and made an arrest in a homicide that occurred almost a decade ago.

Mounties arrested 30-year-old Surrey resident Fushpinder Singh Brar on Friday and charged him with manslaughter in relation to a shooting at a gas station in the 12800 block of 96th Avenue on Oct. 14, 2006.

Early that morning, the victim, Mahdi Halane, was shot in the neck after a confrontation. Halane's spinal cord was severed, leaving him a quadriplegic until he died in 2012 from injuries attributed to the shooting. EMILY JACKSON/METRO

Elevator incident

## Animal cruelty charges laid against B.C. man

Animal cruelty charges have been laid against the former CEO of a high-profile catering company who is accused of mistreated a friend's puppy.

British Columbia's SPCA says Desmond Hague has been charged with two counts under the Prevention of Cruelty to Animals Act as a result of the July 2014 incident in a Vancouver apartment complex.

The SPCA says images captured on an elevator surveillance video allegedly show Hague mistreating the young Doberman pinscher. THE CANADIAN PRESS

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# Chief Jim Chu leaving Vancouver Police Department after 36 years

**Law enforcement.**
Mayor says nationwide search is being launched to find a replacement

THANDI FLETCHER
thandi.fletcher@metronews.ca

Vancouver Police Chief Jim Chu arrives at a news conference in the city on Friday. Chu is set to retire after leading the department for more than seven years. JONATHAN HAYWARD/THE CANADIAN PRESS

After 36 years with the Vancouver Police Department, Police Chief Jim Chu says he is retiring.

Chu, who has held the position for nearly eight years, announced the decision at a news conference Friday.

"I believe now is the right time for me to move on to other challenges in life," Chu said in a statement. "It has been a distinct honour and pleasure to serve with hundreds of talented and committed women and men over those years."

He said a major factor in his decision is planning for the department's next chief. He said many executives within the department will be highly sought after in the near future for vacant police-chief positions in other cities and he would like them to have the opportunity to serve in this city.

Chu, who is still in his 50s, said he has no specific plans for the future, except taking time off.

Although his name has been bandied about as a possible political contender, Chu stayed mum on suggestions he is stepping down to run for office.

"I've had many political approaches over the years, and my standard answer has been, 'My job is serving as Vancouver police chief,' so I declined the opportunities," he said. "I think I will be saying the same thing until I'm not the Vancouver police chief anymore."

Mayor Gregor Robertson said the police board is launching a nationwide search to try to find a replacement for Chu by spring.

Robertson thanked Chu for his years of service, which he said has helped make Vancouver one of the safest major cities in Canada.

"Jim's leadership and relentless drive to achieve reductions in crime every single year has borne out in the results again and again," said Robertson.

Chu, who joined the police department in 1979 and quickly rose through the ranks, was appointed chief constable in 2007.

At the time, he inherited the legacy of the Robert Pickton case, publicly apologizing for the department's failure to stop the serial killer and leading its response to a public inquiry.

Chu received national attention when he admitted the city was facing a gang war in 2009, and he was the force's public face in the aftermath of the Stanley Cup riot.

He also oversaw the department as it relaxed its approach to marijuana, which has led to the proliferation of illegal storefront dispensaries.

WITH FILES FROM THE CANADIAN PRESS

## A SPIRITED AFTERNOON AT UVA WINE & COCKTAIL BAR

During the first weekend of Tourism Vancouver's Dine Out Vancouver Festival, twenty cognac enthusiasts crowd around the bar at UVA Wine & Cocktail Bar. Merry banjo music plays in the background as head bartender Lauren Mote glides to and fro, popping open Hennessy bottles while chatting with us, her eager students. Three tasters of cognac are lined up in front of each place setting, and we eye them longingly. Exquisite torture: mustn't touch until class begins.

This is the first cocktail-dedicated event in Dine Out history, so you could say that Lauren has a bar to set. And over the next 3.5 hours, she sets it pretty damn high.

"Okey doke," Lauren says cheerfully – at this point she's whipping up our first cocktails, expertly manhandling two shakers at a time. "Is everyone here? Is everyone comfortable?" As she pours out a row of amber-hued drinks, Lauren takes us through the rich history of cognac, a spirit that transcends time and space with ties to Charles Dickens, chalky soil and the Grande and Petite Champagne crus of the Charente-Maritime region. While we learn about the distilling process, geographical influences to cognac's increased esteem and the unique DNA of our star spirit's terroir, we savour three cocktails – each with more complex tasting notes than the last – and sample our triple-threat Hennessy's, marveling over their distinctive flavour profiles.

It's astounding how much information we come away with in one afternoon, in addition to a Bittered Sling gift pack, sleek snifters and a renewed appreciation for this multifaceted spirit. Lauren assures us that she's working on future seminars akin to this masterclass, details forthcoming. Until then, cocktail connoisseurs and newbies alike can snap up tickets to Dine Out's Bittered Sling Pop-up Dinner, featuring a three-course feast paired with Herradura and El Jimador Tequila (January 29 at Cibo Trattoria/UVA Wine & Cocktail Bar). Logged in too late? Console yourself with a history-soaked brew at UVA – just ensure the base is cognac. Or check out another of Dine Out Vancouver Festival's 80-plus events at **www.dineoutvancouver.com/events.**

*For the full details:*
**DineOutVancouver.com**

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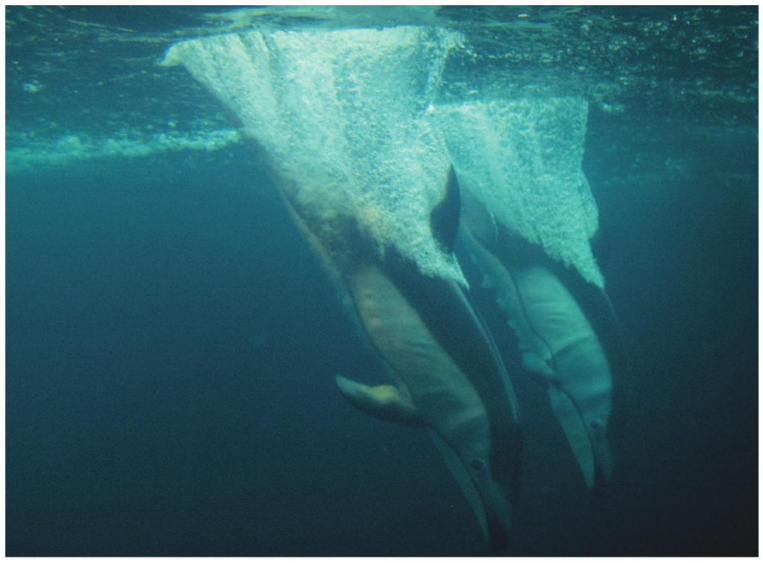

## Making a splash

Two Pacific white-sided dolphins dive into a pool at the Vancouver Aquarium in Vancouver on Saturday.

JONATHAN HAYWARD/THE CANADIAN PRESS

# Worst of flu season over

**Health.** 'Epidemic peak' of illness has passed, says report from B.C. Centre for Disease Control

THANDI FLETCHER
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British Columbia may still be in the grip of a severe flu season, but health officials say the worst appears to be over.

According to the latest flu surveillance report from the B.C. Centre for Disease Control, new data suggests that B.C. has "passed the epidemic peak" of flu activity.

The number of patients visiting their doctor for "influenza-like illness" is showing signs of declining, according to the report.

Still, health officials say the number of flu cases remains high across most regions of the province, mostly due to a "mismatch" between this year's vaccine and the circulating strain.

Across the province, there have been 22 new confirmed influenza outbreaks in long-term care facilities since the centre's last flu surveillance report a week ago.

That brings the total number of outbreaks to 126 since flu season began, surpassing the previous record-setting flu season in 2012-13 by more than a third.

Health officials say this year's flu is hitting seniors especially hard.

About 75 per cent of cases have been reported in elderly adults over 65, with half reported in people over 80, according to the B.C. Centre for Disease Control.

**Burnaby**

## Man in hospital after stabbing

A man is recovering in hospital after a late night stabbing in Burnaby.

Mounties found a man lying on the street with stab wounds after receiving reports of a group of people fighting in the area of Beaverbrook Crescent and Capella Drive

RCMP Staff Sgt. Wayne Baier says an initial investigation has found the stabbing is likely not gang-related.

Investigators have no suspect description and no one has been arrested.

THE CANADIAN PRESS

## Crash. Police officer, mom, toddler sent to hospital

A pregnant mother, a toddler and a police officer were all taken to hospital as a precaution after a collision in a Metro Vancouver intersection.

The accident on Friday afternoon took place on the border between Surrey and North Delta.

Sgt. Sarah Swallow of the Delta Police Department says the officer was responding without lights and sirens to an assault call. The officer was travelling north in a police car on Scott Road when another car turned left in front of him in the intersection.

Sgt. Swallow says nobody appeared to suffer visible or serious injuries but the officer, mother and child were taken to hospital to be checked out.

The province's police watchdog, according to Sgt. Swallow, was called to investigate but at this point the accident didn't meet the threshold for the Independent Investigations Office of B.C. to get involved.

Collision investigators were on the scene of the accident and Swallow says police are looking for witnesses.

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## Social media. Terror acts reveal online hate speech

The recent terror attacks in Paris have unleashed a barrage of anti-Muslim and anti-immigrant comments on the Facebook pages of federal politicians and their parties in Canada — much of it plainly visible to the public.

Managing racist, sexist, homophobic and harassing material is just one of the new challenges facing parties who want to have an active social media presence, grounded in the concept of free speech and open dialogue.

A Jan. 7 post on Stephen Harper's Facebook account, in which the prime minister said he was "horrified by the barbaric attacks in France," received approximately 575 comments. Some six dozen — expressing support for blocking immigration from Islamic countries, closing Canada's borders or just criticizing Islam — were still on the page two weeks later.

"Time to step down on all Islamic communities worldwide," wrote one visitor to the page.

Said another, "All Muslims should go home and never be let back here please Mr. Harper make that happen they steal real people's jobs that belong to us Canadians."

Paula Todd, digital media professor and author of Extreme Mean: Trolls, Bullies and Predators Online, said some offensive speech should be left online so that it can be exposed and critiqued by others.

"We're discovering the effects of putting all this horrible stuff online," said Todd.

"One of the effects is that because it's 24 hours a day, because it flies around the world in seconds, and because it's permanent, these kinds of hate attacks can be more damaging than just the face to face." THE CANADIAN PRESS

## Business. Edmonton pair launch glitter revenge site

Canadians looking to get some revenge via glitter now have a homegrown solution.

Edmonton-based Josh Singer and his wife, Jessica, have launched SparklyRevenge.ca, and for $9.99, they'll mail the target of your choice an envelope full of glitter that's guaranteed to "get everywhere."

"You open it and it'll fall on your desk, but by next week it'll be all over your chair," Singer said. "Heck, it's all over my dog right now."

Singer got the idea from Ship Your Enemies Glitter, an Australian site that became an international sensation after launching earlier this month. Demand for so-called "glitter bombs" actually crashed the website, prompting its 22-year-old owner to call it quits.

Jessica and Josh Singer
CONTRIBUTED

"People need a way to feel vindicated, and we're offering an outlet for that," he said.

That said, while some of Singer's customers are out for revenge, most want a laugh.

"People are mailing it to friends and family. One person even sent one with a note that said, 'Hi, mom.'"

LUKE SIMCOE/METRO IN TORONTO

# Duty draws Auschwitz survivor back to Poland

**Holocaust.** Miriam Friedman Ziegler says she was 'lucky enough to live' and wants the 'world to know' about what she endured

Miriam Friedman Ziegler, 79, an Auschwitz holocaust survivor, shows her tattoo identification number as she tells her story at her home in Thornhill, Ont., on Jan. 19, 2015. Friedman Ziegler, who has rarely spoken about her time at the camp, will join 100 other survivors in Poland to mark 70 years since their liberation. NATHAN DENETTE/THE CANADIAN PRESS

On a cold January day in 1945, nine-year-old Miriam Friedman Ziegler watched as Red Army soldiers approached Auschwitz. An army photographer captured the historic moment: 13 wide-eyed children — Friedman Ziegler among them — staring out through the fence.

The thought of freedom was a scary notion for the Jewish girl who'd spent a year in Auschwitz separated from the rest of her family.

"What's going to happen to me now?" she recalls thinking at the time. "I have nobody."

She would later reunite with her mother, but her father never made it out of the infamous Nazi camp alive.

Auschwitz has become a symbol of the horrors of the Holocaust, in which six million Jews were systematically killed.

Friedman Ziegler, who lives in Thornhill, Ont., is among about 100 survivors who are returning to Poland this week to commemorate the 70th anniversary of the liberation of Auschwitz.

"I swore I would never go back to Poland, but I feel it's my duty now to do it," Friedman Ziegler said during a recent Canadian Press interview.

On Monday, she will reunite for the first time with four of the girls — now women in their 70s and 80s — featured in the iconic photo. A new photo will capture the moment. This time, in the comfort of a hotel in Krakow. Poland.

Friedman Ziegler's journey began in 1940 in Radom, Poland, where her father ran a couple of stores.

Life was idyllic, she said, until one day the Nazi tanks rolled into town. Her mother took off with Friedman Ziegler to her grandparents' house in a nearby town via horse and buggy. But the man driving the buggy tossed them en route, fearing for his life.

They eventually reached her grandparents, well ahead of the Nazi's eventual arrival.

However, when she turned eight, the Nazis caught them and loaded her and her parents in cattle cars and shipped them to Auschwitz.

The children were separated from the adults and placed in the adjacent Birkenau death camp, where Friedman Ziegler found some of her cousins, and others who would become lifelong friends.

One day the Nazis abandoned the camp temporarily and the children, including Friedman Ziegler, snuck off to Auschwitz where they raided the barracks for food and clothing and then returned to camp.

When the Nazis returned they asked anyone who wanted to walk to freedom to line up. They shot everyone in line.

Auschwitz was liberated on Jan. 27, 1945.

After Auschwitz, Friedman Ziegler spent time in various hospitals and orphanages in eastern Europe. Eventually, she came to Canada as part of a group of 1,000 child refugees.

She lived for a while in Hamilton with relatives — memories of death and suffering still fresh in her mind.

Two years later her mother came to Canada and the pair settled in Toronto. She eventually met her husband — also a Holocaust survivor — on a blind date. The couple has three children.

"I had a very, very good life," she said. "I never dreamt that I would live in such a beautiful place."

She has rarely spoken about what happened during the Holocaust, even to her family.

"I'm hearing some of these horrible stories for the first time," said her daughter, Adrienne Shulman, who is accompanying her mother to Poland.

The interviews and media attention has worn down Friedman Ziegler. She's emotional and ready to move on, but believes it is her duty to talk.

"I was lucky enough to live," she said. "I want the world to know."

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## Tensions high in Ukraine

A woman holds a placard Sunday during a rally in Independence Square in Kyiv, Ukraine, in solidarity with the victims of an attack on the coastal city of Mariupol. Rocket fire slammed into a market, schools, homes and shops Saturday in Mariupol, killing at least 30, authorities said. THE ASSOCIATED PRESS

# Syriza wins Greek elections

**Radical left-wing party.** Victory came from promises to renegotiate bailout deal and reverse austerity measures

A radical left-wing party vowing to end Greece's painful austerity program won a historic victory in Sunday's parliamentary elections, setting the stage for a showdown with the country's international creditors that could shake the eurozone.

Alexis Tsipras, leader of the communist-rooted Syriza party, immediately promised to end the "five years of humiliation and pain" that Greece has endured since an international bailout saved it from bankruptcy in 2010.

It remained to be seen whether Syriza had enough seats to govern outright or would have to seek support from other parties. That might not become clear until Monday morning or even later, when all the votes are counted.

The prospect of an anti-bailout government coming to power in Greece has sent jitters through the financial world, reviving fears of a Greek bankruptcy that could reverberate across the eurozone.

Tsipras won on promises to demand debt forgiveness and renegotiate the terms of Greece's 240-billion-euro ($335 billion Canadian) bailout, which has kept the debt-ridden country afloat since mid-2010.

To qualify for the cash, Greece has had to impose deep and bitterly resented cuts. Its progress in reforms is reviewed by inspectors from the International Monetary Fund, European Commission and European Central Bank, collectively known as the troika, before each installment of bailout funds can be released. THE ASSOCIATED PRESS

**Militant attack**

## Blackout leaves Pakistan in dark

A massive blackout struck Pakistan on Sunday, leaving as much as 80 per cent of the country without electricity.

A militant attack on a transmission tower caused the blackout, said Zafaryab Khan, a spokesman for the Ministry of Water and Power. THE ASSOCIATED PRESS

**ISIL**

## Japan stunned after video shows hostage killed

From the prime minister to ordinary people, Japanese were shocked Sunday at a video purportedly showing that one of two Japanese hostages of the Islamic State of Iraq and the Levant (ISIL) group had been killed.

With attention focused on efforts to save the other hostage, some criticized Prime Minister Shinzo Abe's drive for a more assertive Japan as being responsible.

Abe appeared on public broadcaster NHK early Sunday demanding the militants release 47-year-old journalist Kenji Goto.

He also offered condolences to the family and friends of Haruna Yukawa, a 42-year-old adventurer taken hostage in Syria last year. THE ASSOCIATED PRESS

**Vatican**

## Balloons used as peace symbol

Balloons, not doves, were released as a gesture of peace Sunday in St. Peter's Square, a year after an attack by a seagull and a crow on the birds sparked protests by animal-protection groups. For years, children have set free a pair of doves on the last Sunday in January. THE ASSOCIATED PRESS

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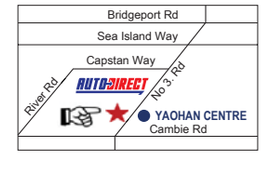


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# Fisher-Price looks for more diversity in its child models

**Advertising.** Toy maker sets up second studio in Buffalo to tap into the city's multi-cultural feel

"Baby wrangler" Melanie Ruskin keeps 21-month-old Noelle Roberts engaged while a photographer records the moment at a Fisher-Price studio in Buffalo, N.Y., earlier this month. The toy maker recently began photographing children in Buffalo to tap into the urban centre's more multi-cultural feel and better reflect the faces in the 150 countries where Fisher-Price toys are sold. CAROLYN THOMPSON/THE ASSOCIATED PRESS

Fisher-Price has long eschewed "professional" models for its packaging, instead using the babies and toddlers parents trundle in to the toy maker's headquarters in the quaint western New York village of East Aurora about 32 kilometres from Buffalo.

The company recently began photographing children in a second studio, in Buffalo, to better reflect the faces in the 150 countries where its toys are sold.

"Everything that we do for Fisher-Price here goes everywhere, so all over the world, from packaging to websites to advertising," said Fisher-Price marketing executive Teresa Gonzalez Ruiz. "We need to make sure we have Hispanics, African-Americans, more Asian population."

"We've always done it. It's just a lot easier here," Gonzalez Ruiz said on a recent morning at the city studio inside a former industrial complex that has been converted for businesses. Fisher-Price plans to use the Buffalo studio for about 25 per cent of its 4,000 annual shoots.

With sunlight streaming through a wall of windows, 21-month-old Noelle Roberts rolled cars down a winding track as photographer Michael Mandolfo kneeled and lay on his stomach and snapped photos. "Baby wrangler" Melanie Ruskin played with Noelle, squealing and clapping to keep her engaged.

"She loves it," the toddler's mother, Nicole Roberts, said after the studio's team of stylists piled her curly hair into a top ponytail and picked out a pair of brightly striped leggings and a sweater for the shoot.

The pictures could end up on a box for the toy track, or in an ad.

Noelle, who earned $50 US for the session, was recruited by Gonzalez Ruiz, who spotted the brown-eyed African-American toddler with her mother inside a Buffalo drug store.

"She said 'Oh, she's so cute! You have to bring her,"' Roberts said.

Fisher-Price also reaches out to hospital maternity wards, immigrant groups and urban churches in search of a rainbow of newborns to five-year-olds.

The company's internal marketers initially saw the need for more diversity, and it has raised the issue in the company's consciousness, Gonzalez Ruiz said. "We're not looking for specifics," she said. "For us, it's just making sure that we don't leave anyone out of the picture, that everyone feels included."

The city studio is more accessible by public transportation or on foot, saving parents a drive to East Aurora, which is prone to hefty snow totals in winter.

"This is perfect," said Nicole Roberts, who lives on Buffalo's west side. "I love the location."

THE ASSOCIATED PRESS

# Alaska. Obama seeking wilderness tag for refuge

U.S. President Barack Obama is boosting protection of Alaska's Arctic National Wildlife Refuge and will ask Congress to designate more than 12 million acres as a wilderness area, including its potentially oil-rich Coastal Plain.

The designation would seal off the area in Alaska's northeast corner from oil exploration and give it the highest degree of federal protection available to public lands. Obama and the Interior Department announced the effort Sunday.

The refuge's Coastal Plain has long been at the centre of the struggle between conservationists and advocates of greater energy exploration in the United States. In a White House video released Sunday, Obama says he is seeking the designation "so we can make sure that this amazing wonder is preserved for future generations."

Alaska's top elected officials, including Gov. Bill Walker, reacted angrily at the administration's moves, and Obama's efforts to win wilderness designation will likely face stiff resistance in the Republican-controlled Congress.

"I have tried to work with this administration — even though they've made it extremely difficult every step of the way — but those days are officially over," said Republican Sen. Lisa Murkowski, Alaska's senior senator and the chairwoman of the Senate Energy and Natural Resources Committee. "We are left with no choice but to hit back as hard as we can."

The Interior Department issued a comprehensive plan Sunday that for the first time recommended the additional protections. If Congress agrees, it would be the largest wilderness designation in the country.

THE ASSOCIATED PRESS

A musher takes his dog team across Alaska's oil-rich Coastal Plain. U.S. President Barack Obama's proposal to designate the plain as a wilderness area would seal off the area from oil exploration. THE ASSOCIATED PRESS FILE

# N.Y. governor's plan for rail link to LaGuardia airport applauded

Travellers who endure a two-hour drive from midtown Manhattan to LaGuardia Airport in Queens are applauding what they see as a long overdue proposal from New York Gov. Andrew Cuomo: build a rail link connecting the city to LaGuardia.

LaGuardia is one of just a few airports in major American cities not served by some sort of rail service. Neighbouring John F. Kennedy and Newark have it, and projects are underway at Washington Dulles, Los Angeles and Denver.

Cuomo's $450 million US proposal, made this past week on the eve of his State of the State address, follows his announcement last year for a $3.6 billion US renovation of the decrepit LaGuardia — famously dubbed by Vice-President Joe Biden as a "third-world" facility.

New York Gov. Andrew Cuomo's proposed rail link to LaGuardia Airport calls for an elevated AirTrain connecting the airport with the Willets Point station. KATHY WILLENS/THE ASSOCIATED PRESS

The plan calls for an elevated AirTrain that would connect the airport, located along Flushing Bay, with a busy transit hub about 2.5 kilometres away. The hub, with access to the city's subway and commuter railroads, is near Citi Field, home of baseball's Mets, and the Billie Jean King National Tennis Center, home of the U.S. Open.

A start date for construction has not been set, and the Legislature must sign off on the project.

A 2014 survey found that 75 per cent of those travelling to LaGuardia from Manhattan took either taxis or private town cars. Only about 7 per cent used bus service.

THE ASSOCIATED PRESS

**Ukraine**

## Canada's trade minister talks free trade in Kyiv

International Trade Minister Ed Fast arrived in Kyiv on Sunday for two days of talks on free trade as fighting intensifies between Ukrainian forces and pro-Russian separatists in the east of the country.

Fast, who has been to Ukraine twice is the last six months, is there to talk free trade his counterpart, Aivaras Abromaviius, but also plans to announce four initiatives.

They will include greater support economic and governance reform as well as a program to promote sustainable economic growth for Ukrainian small and medium-sized farm businesses.

Canada is hoping the initiatives will "promote effective economic development to increase private sector-led growth, investment and job creation," according to government documents.

The Harper government, which handed out $314 million in economic assistance to Kyiv since the crisis began last year, sees strengthening the Ukrainian economy as a vital pillar in the strategy to resist Russian expansionism.

Canada and Ukraine already do about $322 million in trade. The Harper government says it is looking for Canadian companies that want to invest in the agriculture and agri-food, aerospace, energy, mining and education sectors.

THE CANADIAN PRESS

**Romania**

## Protesters blame banks for high loan repayments

Hundreds of people have protested in Romania against high repayments for Swiss franc loans, blaming the banks for offering deceptively cheap loans and calling on the government to regulate hard currency loans.

About 75,000 Romanians have loans in Swiss francs, taking them out during the boom of the mid-2000s, because they had a lower interest rate.

They have been hit by a strong franc that increased by 40 per cent against the euro after the Swiss National Bank abolished its currency ceiling.

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VOICES

# A RAIL RUNS THROUGH IT

Canadian Pacific Railway is within its right to tear up community gardens — another win for corporate interest, another loss for us, Trish Kelly writes

CITY HOLLER
Trish Kelly

Though the City of Vancouver tried to stop Canadian Pacific Railway, a B.C. Supreme Court justice has ruled that CP is within its rights to tear out the community gardens dotting the dormant railway tracks along the Arbutus Corridor and move forward with plans to use the tracks to store empty rail cars.

Vancouverites across the city are not just scratching their heads, but rolling their eyes at this most recent action by CP. It's a nasty move on the part of the railway. Not even a sound business decision, it's more like something your ex would do in a bad break-up, just to make your life crappier. Except the city and CP have never been romantic or even particularly friendly. The City of Vancouver was born with the arrival of the railway, but the two entities have had a sibling rivalry since the railway was first granted the Arbutus lands in the 1880s.

Railways are not philanthropic organizations, let's be clear. They are not triple-bottom-line companies balancing the welfare of the people and the land against their profits. It's not their job to provide us with green space or the small bit of sanity a garden plot can provide. Since before Confederation, railways have been raking in cash, not making us happier.

People across the city have expressed frustration. Some have been gardening on this land since the 1980s; some feel the affront of the theatre in CP Rail's ripping out of the community gardens just before harvest, and right before an election. As the pawns in this vintage game of chess, Vancouverites continue to be played by the railway.

We inherited a legacy of poor land use that pre-dates a city plan. It's amazing to think that CP Rail, a company founded to unify our country, now links nothing — not the country, not False Creek to the Fraser River. Now, it threatens to divide our city with a parking lot for freight cars, while the corporation hunkers down maybe to outlast the city council that refuses to buy the land for CP's asking price.

Are we mad because they ripped out the community gardens? Sure. More importantly, Canadian Pacific's parking lot just seems spiteful, a grandiose gesture by a mighty entity looking to stick it to a government that limits its influence on our future. CP challenges more than our access to the 50-foot-wide ribbon of green space. This is one more jab at what keeps us sane in a city we find increasingly hard to live in. It's one more way that corporate interests aim to trump what is good for our city and for us.

*Trish Kelly lives and writes in East Vancouver. Follow her on Twitter @trishkellyc.*

## Your Vancouver

**Calm creek**

An Aquabus makes its way across False Creek on Thursday.
JENNIFER GAUTHIER/METRO

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Send us high-quality snaps of your city to readers@metronews.ca

## Upcoming

### *Conference tackling B.C.'s biz issues*

A conference examining a number of topics and challenges facing Vancouver businesses will be held tomorrow at the Vancouver Convention Centre.

Deloitte 360 kicks off with a look at technology predictions for 2015 and will be followed by a number of presenters on topics ranging from customer evolution, mining and the emerging LNG economy in B.C. METRO

### *Dog walker sentencing*

Emma Paulsen, the dog walker who left six dogs to die in the back of her truck last year, will be sentenced on Wednesday.

Paulsen pleaded guilty to one count of animal cruelty and one count of public mischief following the incident. The Crown has asked for a sentence of six to 12 months and a fine. Paulsen's lawyer has argued for a conditional sentence. METRO

### *D.O.A.'s No Oil Pipelines in B.C. tour*

Legendary Vancouver punk band D.O.A. is holding a benefit show this week to raise funds to fight plans Enbridge's proposed Northern Gateway pipeline and Kinder Morgan's proposed pipeline expansion.

D.O.A.'s No Oil Pipelines in B.C. tour begins Friday in Abbotsford and finishes March 13 in Powell River. The benefit show will be held Saturday, Jan. 31 at The Biltmore Cabaret in Vancouver. Info and tickets at suddendeath.com. METRO

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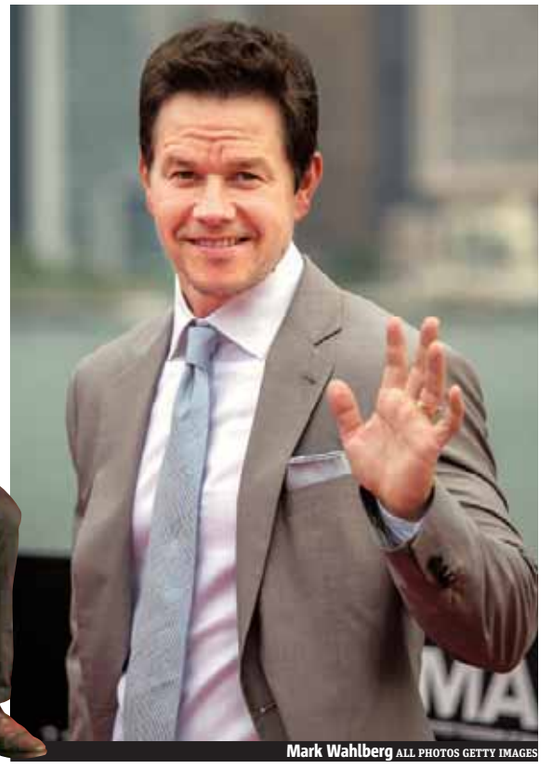
Gossip

## NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES



Mark Wahlberg ALL PHOTOS GETTY IMAGES

# Once a racist, always a racist says Wahlberg's former victim

Mark Wahlberg is seeking an official pardon for his 1988 assault of two Vietnamese men while stealing beer in Boston.

But one of his former victims — from a separate attack — thinks that's a terrible idea.

"I don't think he should get a pardon," Kristyn Atwood tells the Associated Press. Atwood was among a group of mostly black elementary school children chased and pelted with rocks by a then-14-year-old Wahlberg and his friends in 1986.

"I don't really care who he is. If you're a racist, you're always going to be a racist. And for him to want to erase it, I think it's wrong."

# Rodman invites Rogen to visit North Korea

Noted friend of North Korean leader Kim Jong-un Dennis Rodman is finally chiming in on the Sony hack and The Interview, the controversial Seth Rogen comedy that caused it all.

"If the North wanted to hack anything in the world, they are going to go hack a movie? Really?" he says.

The regular visitor to North Korea also has a plan to ease tensions caused by the film. "I would ask Seth and all those involved in the movie to go to North Korea with me. And then do an interview with me about the movie." I don't see Rogen going for that.

# Marsha, Marsha, Marsha! Jan gets her own meme as Brady Bunch hits Netflix

Thanks to the Brady Bunch movies making it onto Netflix, and a generation of Tumblr-happy teens who weren't alive when the films came out discovering them, we have the "Sure, Jan" meme.

And Jennifer Elise Cox, the actress who played Jan Brady in the films, is just fine with that.

"They trolled me, and then I saw it and I absolutely loved it," Cox tells Vulture.

"My husband said to me, 'You've got to be in a meme if you want to be anywhere.' And then I was like, 'Wow, I feel so lucky that I ended up in one.'"

Sure, Jan.

Jennifer Elise Cox

Mandy Moore

Ryan Adams

# Mandy and Ryan still cool, even as their marriage melts

Dang it, this one seemed like it had staying power.

"Mandy Moore and Ryan Adams have mutually decided to end their marriage of almost six years," report reps for the now-exes. "It is a respectful, amicable parting of ways, and both Mandy and Ryan are asking for media to respect their privacy at this time."

OK, two things:

First, there's no need to brag about how laid-back and easygoing your breakup is. We get it, you're so cool.

And second: Adams and Moore — or at least their reps — get major points for correctly using "media" as the plural noun that it is.

To help you cope with this news, think back to when they first started dating and how much that seemed to make absolutely no sense. Good times.

SCENE

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DVD review

## Fury

**Director.** David Ayer

**Stars.** Brad Pitt, Shia LaBeouf, Logan Lerman

Battlefield reality and macho myth collide in David Ayer's Second World War tank drama, which resembles history but unloads like a comic book.

Seeming as if he's picking up where he left off from Quentin Tarantino's Inglourious Basterds, Brad Pitt once again plays a drawling Nazi slayer who has no qualms about spilling Aryan blood.

He's in considerably tighter quarters as tank commander Sgt. Don "Wardaddy" Collier, who is every bit as scarred as the Sherman machine he rolls across German terrain. He's accompanied by the usual stereotypes: lead gunner Boyd "Bible" Swan (Shia LaBeouf), who praises the Lord but also pulls the trigger; Latino driver Trini "Gordo" Garcia (Michael Peña), who can turn Fury on a dime; mechanic Grady "Coon-Ass" Travis (The Walking Dead's Jon Bernthal), who might be in a psycho ward if not for the Second World War; and new guy Norman Ellison (Logan Lerman), a typist and pacifist.

It's April, 1945, and the war is rapidly winding down, but the losing Germans aren't willing to go down quietly. In fact, they're going down angrily and violently, especially on their homeland soil.

Attention to details give Fury heft and value, as does solid acting, but Ayer seems to lose his resolve in two scenes that are straight out of a Sgt. Fury Marvel Comics episode, or maybe a Hollywood script rewrite.

Extras include 50 minutes of deleted scenes and making-of featurettes.

PETER HOWELL

# U.S. Netflix isn't as great as it seems

**Analysis.** We've all heard griping that programming selection south of the border is best, but quantity doesn't necessarily mean quality

Netflix U.S. may boast more offerings, but are you really missing out if those offerings include Poultrygeist: Night of the Chicken Dead? ISTOCK

Feeling left out and ignored by Netflix Canada?

Cheer up. It may not be as bad as it seems.

Previously unpublished data provided to the Toronto Star confirms the widely held suspicion that there is far more variety for Netflix viewers in the U.S. than in Canada.

Canadian Netflix subscribers can only view half of the movie and television titles available to Americans on the online streaming service.

But the data, which Netflix refuses to officially release, also suggests the Canadian list includes more hits and fewer stinkers.

The data was provided to the Star by Netflixable, a website offering a country by country periscope into 20 regions covered by the worldwide streaming service.

It shows that Canadian viewers can watch some hits that aren't available south of the border, including Blue Jasmine (2013), X-Men: First Class (2011), The Dark Knight Rises (2012), Black Swan (2010) and Batman: The Dark Knight Returns: Part 1 (2012).

"The Netflix U.S. and Netflix Canada services are treated differently by the company," said Michael Geist, a Star columnist and research chair in Internet and E-commerce Law at the University of Ottawa.

"The Netflix U.S. is focused on adding more choice with curation on subscriber interest coming later (i.e. make content available and determine whether to continue to offer based on interest)," Geist said in an email.

Some of the American titles that aren't available here include non-Oscar winners Poultrygeist: Night of the Chicken Dead (2006) and Vibrator (2003).

"The Canadian service — much like the other international services — is more curated from the start with the company trying to identify content of interest to the local market before it appears on the service," Geist said.

"A lot of people who have never done this make the assumption that the United States Netflix is the best," Josh Loewen, founder, owner and CEO of Netflixable, said in an interview.

"Their number might be the highest, but the quality of the titles (matters). There is no best," Loewen said. "Canada's got some great stuff that's exclusive to us."

Geist said there's another theory for the leaner Canadian playlist.

"The cynical view is that Netflix doesn't need to create a larger library for Canada since many Canadians know how to access the U.S. service," Geist said. "That means Netflix pays for U.S. rights, but knows that others may find ways to access the content (and will subscribe on that basis)."

For its part, Netflix spokesperson Kiel Hume said the company does not release such data. "It's not a static service," Hume said in an interview.

"It's always changing. It's dynamic. There's always titles coming on, titles going off. That's just one of the reasons that they don't share lists of content that's available."

TORSTAR NEWS SERVICE

**Data rundown**

**The data provided to the Star is up to date as of Jan. 15, 2015. A computer program built by Netflixable CEO Josh Loewen automatically checks on a daily basis public websites to record the titles available in each of the 20 regions. The data shows that American viewers had a choice of 7,202 titles, the most in the world, followed by Canada in second place at 3,663.**

# Game change. The Elder Scrolls Online adopts one time fee, membership tier

The Elder Scrolls Online now offers premium monthly membership that grants players a pass to additional areas. CONTRIBUTED/ BETHESDA SOFTWORKS

The Elder Scrolls Online (TESO), Bethesda's multiplayer role-playing game, is dropping its monthly fee in favour of a one-time charge and a premium membership tier.

Released on Mac and PC in April 2014, and destined for PlayStation 4 and Xbox One this June, the game started out as a $15 per month subscription title that brought the legacy and look of Skyrim and its predecessors to the World of Warcraft MMO genre.

But with both PlayStation and Xbox already charging players a membership fee to play online, TESO will be dropping its mandatory charge across all three platforms, adopting a new name in the process, The Elder Scrolls Online: Tamriel Unlimited. Monthly premium membership, now called ESO Plus, grants subscribers an all-access pass to additional areas, a monthly allowance of in-game funds, plus faster progression for their characters and equipment.

AFP

A new game tackles existentialist questions, Funny or Die delivers the weather with wise cracks and an American Sniper gives us access to Navy Seal life

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

**Video game**

**Name.** The Swapper

**For.** PS3/PS4/Wii U/PC

**Rated.** Everyone 10+

When you carry a back-up supply of cloned bodies, throwing yourself into harm's way only to swap out before you die becomes a clever way to bypass chasms, security beams, and other hazardous surprises. Amid a haunting atmosphere of space isolation, the crumpled bodies do take their toll, but it's the extraordinary discussion hidden within of the unusual conflict that can arise between the will to survive and the will to live that makes this puzzler worth talking about.

**App**

## Funny Or Die Weather

iPhone/iPad
Free

Into each life, some mocking quips and crass jokes must fall. This forecast app packages useful weather feeds with daily rude jokes from the Funny or Die web comedy team.

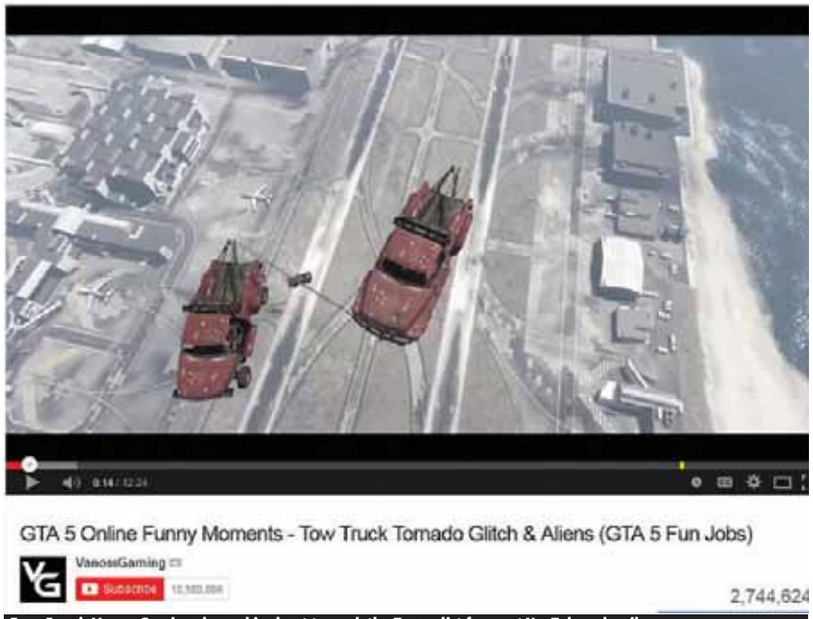
**Ebooks**

## American Sniper Enhanced Edition

**By.** Chris Kyle

**Kindle/iBooks**

Conversational video interviews and pop-up gun profiles only add to this book's extraordinary access to Navy Seal techniques, yet it's Kyle's friendly storytelling that stands out.




Evan Fong's VanossGaming channel is about to crack the Top 25 list for most YouTube subscribers. THE CANADIAN PRESS

# Canuck video gamer a YouTube sensation

**Digital trends.** Videos of Evan Fong playing games and chatting with friends now have 11 million subscribers and earn him about $360,000 per month

Twenty-two-year-old Toronto native Evan Fong is about to crack the Top 25 list for the most YouTube subscribers, passing Ellen DeGeneres and Justin Bieber. And he'll do it by playing video games.

Approaching 11 million subscribers and 2 billion views, Fong's YouTube channel VanossGaming is part of a massive trend: a subculture of young people who are tuning out of TV and instead going online to watch people play video games and chat.

A source with knowledge of YouTube's payment structure estimated Fong is making about $360,000 per month.

"If you're really into gaming, there's not really anything on TV," says Fong, who gets up to 14 million views daily.

"Viewers really like the authentic type of content from regular people just playing games, because they can relate to that. I think that's a huge reason why people prefer to watch YouTube videos. It really is a totally different experience and it's something you can't find on TV."

In a typical video, Fong and a group of friends chat, laugh and make jokes over gameplay, from popular titles such as Grand Theft Auto V or Call of Duty: World at War.

Fong, who dropped out of university in his second year as his YouTube channel began exploding in popularity, says he never expected to get paid to play video games.

He launched his channel in 2011 but didn't spend much time on it at first. He was focused on playing junior hockey and chasing a U.S. scholarship.

"In the early days, I remember maybe 1,000 views was something that would be off the charts for me," he recalls. "It took, I would say, about a good year and a half (to start becoming popular). It started really slow and I didn't take it really seriously. It wasn't something that I strived to do to the best of my ability like I do now."

When his hockey dreams didn't pan out he went to school full time. His parents were understandably concerned as his YouTube channel stole more and more time from his university studies.

"It was something they weren't always fully supportive of. Even though there's a lot of potential for somebody starting a YouTube channel it's obviously not a guaranteed path. They just basically wanted to make sure I was still taking school seriously.

"But I was very conservative. I never wanted to stop university and risk that opportunity. So what I did was, I made sure I was successful enough on YouTube before I (dropped out). I probably stopped school a lot later than most full-time YouTubers did."

Although his channel's growth is still meteoric, Fong is level-headed enough to know it could stall, or crash, at any time.

"Anything on the Internet can blow up and go away," he says. "You're only as good as your last video on YouTube."

THE CANADIAN PRESS

**Massive fan base**

**The gaming video trend was recently lampooned in a South Park episode, which featured Swedish YouTuber Felix Kjellberg, who uses the alias PewDiePie. He has the most-viewed channel on YouTube. "It's a very good testament to how viewing habits have changed for younger generations," says Joshua Cohen, founder of industry news outlet Tubefilter.com. "Gamers have developed one of the most massive and ardent fan bases in the world on YouTube. It's pretty impressive."**

## Well, look who's laughing now

Actress Uzo Aduba, winner of outstanding performance by a female actor in a comedy series and outstanding performance by an ensemble in a comedy series for Orange is the New Black, shows off her trophies at the Screen Actors Guild Awards on Sunday in Los Angeles. Metro's Ned Ehrbar was also roaming the red carpet; visit metronews.ca for his coverage of the awards. ETHAN MILLER/GETTY IMAGES

**Quoted**

"I wish everyone would get naked and simulate sex all the time, but they won't."

**Orange is the New Black creator Jenji Kohan** on the difficulty of filming sex scenes

"You push a button and it goes all over the world and on Sunday people are saying, 'Oh, I binge-watched all 10 of them. Where's more?' and you go, oh, the world has changed. It's not my dad walking to the television set and turning a knob to Ed Sullivan."

**Jeffrey Tambor** on how streaming is changing the world of entertainment

"I think the thing about expressing yourself is you have to be ready for all kinds of reactions and I feel so lucky about the support I've gotten both from the people close to me and my readers and I love the experience."

**Lena Dunham**, on the controversy surrounding her book Not That Kind Of Girl

"Infinite Jest really moved me. I think it's a tough book to get through and it requires a lot of commitment. It's very long, but it was one of the most rewarding experiences I've ever had."

**Jason Segel,** who plays author David Foster Wallace in the film The End of the Tour, which is screening at Sundance

# **Comedy.** Doc dedicated to Robin Williams explores misery's link to laughs

Does the best comedy come from pain? And does that mean comedians are the most miserable people of all?

That's what comic Kevin Pollack wanted to discover in his documentary, Misery Loves Comedy, which premiered Friday at the Sundance Film Festival. He dedicated the film "in loving memory and gratitude" to his friend and mentor, Robin Williams, whose suicide last year came just as Pollack was finishing the project.

Pollack interviewed more than 60 comics, actors and funny folks to find out if comedy requires misery, and found the answer to be both yes and no.

"I just think you're funnier when you're miserable," said Jimmy Fallon.

"I think you have to at least know misery," Matthew Perry said.

Comic Amy Schumer said that, of her friends, those who are the funniest are also the most miserable.

Said Lewis Black: "In order to become a comic, you have to love watching yourself die."

Even two-time Oscar winner Tom Hanks said he spent "54 and 1/2 years of living in self-loathing."

**Theatrical release**

**Tribeca Film announced Friday it acquired Misery Loves Comedy for distribution and plans to release it theatrically in the spring.**

The pain of life isn't limited to comics and performers, Pollack said.

"Everyone has suffered through misery," he said. "It is the human condition. And the performer or the writer or the filmmaker or the actor must figure out a way to articulate it in a way that makes it either relatable or universal." THE ASSOCIATED PRESS

**Kevin Pollack** THE ASSOCIATED PRESS

# Greta Gerwig shines in delightfully quirky comedy Mistress America

**Signature performance.** Frances Ha star brings offbeat charm to latest Baumbach co-creation

Noah Baumbach and Greta Gerwig, the crack-pot team behind Frances Ha, have proven their delightful screwball talents once more with Mistress America, which premiered Saturday at the Sundance Film Festival. The film is a dreamy and idiosyncratic comedy about two enigmatic soon-to-be stepsisters who are just trying to figure out how they fit in the world,

One, Tracy (Lola Kirke, who audiences might remember from a bit part in Gone Girl) is an introspective Barnard freshman and aspiring writer who can't seem to find any friends. The other, Brooke (Gerwig), is a 30-year-old romantic and striver who lives in her own alluring, albeit delusional, reality.

Everything changes for Tracy when she enters Brooke's intoxicating world. She even begins to use Brooke as an inspiration for a short story about a tragic aging dreamer, Mistress America.

But plot is almost beside the point. The inspired situational and physical comedy, sharp, witty dialogue and synthy music propel the story forward as the characters get into stranger and stranger situations.

"I was thinking of these movies from when I was a teenager in the '80s, almost like a sub-genre of movies of people who get taken out of their comfortable lives and put into sort of strange environments," said Baumbach

"Like Something Wild and After Hours, like 'I'm being pulled into this crazy thing... and there's a motorcycle!'" brings added Gerwig.

Gerwig brings her signature quirky but effortless charm to Brooke, and Kirke more than holds her own in her first big role, with the help of an excellent supporting cast (Michael Chernus, Matthew Shear, Jasmine Cephas Jones, to name a few).

Baumbach fans will not be disappointed, but the movie, like Brooke, exists in its own universe, and might not be for everyone. THE ASSOCIATED PRESS

Greta Gerwig and director Noah Baumbach at the Sundance premiere of Mistress America. INVISION FOR FOX SEARCHLIGHT/THE ASSOCIATED PRESS

# Jack Black heartbreaking in troubling buddy film The D Train

Jack Black VICTORIA WILL/INVISION/THE ASSOCIATED PRESS

Jack Black said he was drawn to The D Train because he recognized the desperation of the character he plays: An outcast willing to do anything to get the most popular kid from his graduating class to attend their 20th high school reunion.

The male buddy comedy, which premiered Friday at the Sundance Film Festival, turns a different lens on the trope of the drunken one-night stand and shows how far Black's character will go to get the attention of the popular guy (James Marsden), who left their Pennsylvania hometown to become an actor in Los Angeles. Dan Landsman (Black) thinks wooing this Hollywood star back to their high school would make him the hero of the reunion.

As Landsman, Black dupes his boss, lies to his wife and ignores his son to gain favour with the handsome actor.

Black's performance is heartfelt and heartbreaking. Marsden is on point as a self-absorbed actor. But this flawed comedy comes with a strong undercurrent of sexism and homophobia.

To offer more details would tread into spoiler territory, but safe to say that had one of the lead characters been female, there would probably be little to laugh at, and perhaps no movie at all. THE ASSOCIATED PRESS

**Directors straddle line between bravery and bullying**

**Written and directed by Jarrad Paul and Andrew Mogel, the film also stars Kathryn Hahn, a restrained Jeffrey Tambor, and features a breakthrough performance by Russell Posner as Landsman's teenage son.**

- **Paul and Mogel, who've previously written studio fare, deftly handle their starry cast and venture into new territory for the genre, but they come off as bullies as much as they do brave.**

# Why it's time to stash some cash

**Planning.** Build up an emergency fund so that when the worst does happen, you'll have some options

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

If you are ever laid off from work, wouldn't it be nice to know you had enough money set aside to keep a roof over your head and food in your belly until employment insurance kicks in? ISTOCK

Have you ever thought about what you'd do if you lost your job or got sick and the paycheques just stopped coming in? How would you pay your rent or your mortgage? Where would you get the money for food?

How about all those other expenses that gobble up your paycheque now? Sure, if you're terminated from work, there might be some Employment Insurance, but EI takes time to kick in, and it isn't very much. So what would you do to make ends meet?

The term the financial industry likes to use to describe that pile of money you stash away just in case is "emergency fund." But I like to call it my FU Account. That's because having money in the bank gives me the option of saying FU if I'm asked to compromise my standards. It also means that if a tree falls on my house I can say, "FU tree!" Man, I love my FU Account.

People who don't see the point in having an emergency fund are either shortsighted, or completely unwilling to stop spending all their money. They are so averse to taking a little bit of what they are blowing on crap and setting it aside that they're willing to brave the terrors of an emergency — and it's only a matter of time — without any kind of safety net.

Whenever I talk about an emergency fund, inevitably I get a barrage of excuses about saving the money. My favourites come from the people who just don't want to stop doing what they're doing.

From the small expenses such as a cellphone, buying bottled beverages or dropping the odd $20 on new makeup, to the people who spend gobs decorating and re-decorating their homes, eating lunch and dinner out, or taking vacations, people are unwilling to stop spending every red cent they make.

Do you have a gadget habit? Can't resist a new pair of shoes? Do you pick up a new magazine every time you're at the checkout? Believe it or not, you don't have to get a manicure. If you think a manicure is a need, you're delusional. And if you already own 10 pairs of shoes, the next pair is sheer indulgence. So is that bottle of nail polish, the new DVD, or the beer after work. They're all distractions from savings.

You don't have to start by saving a whack of money. This week, open up a high interest savings account and then arrange an automatic transfer to that account every month. Start with $30 — a dollar a day. That's not so much to not spend, now is it?

To build your FU account, look for ways to find more money. You know those coupons you use to save at the grocery store? Ship that money over to your FU Account. And that outfit you bought on sale last week? Send the difference to your FU Account. If you have money for cookies and pedis, you have money to build an emergency fund so that if the worst does happen, you've got some options.

How good would it feel to not have to panic when the car breaks down and you need to come up with an unpredictable $2,400? How much better would you feel if your baby, your mom or your partner gets sick and you knew you could take time off work, without pay, to see to their needs?

How much smarter would you feel if you got laid off from work and had enough money set aside to keep a roof over your head and food in your belly until EI kicks in — it's a pathetic amount, really — or you could get another job?

That'll likely take about six months (that's what the studies show, kids) so that's why you'll need to have enough to cover six months' worth of essential expenses. Make your savings automatic. If you decide to save $100 a month, have that amount auto-debited from your main banking account to your high interest savings account every month. You'll get used to living without that money in no time flat. And when the paycheques unexpectedly stop coming in, you'll be damn glad you have some money stashed away.

**WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO MYMONEYMYCHOICES.COM AND FOLLOW THE ROADMAP TO SUCCESS.**

**Make it cash, not credit**

- An emergency fund is cash you've accumulated so that you can have the money you need to keep things in balance when the crap hits the fan. Don't buy the BS that a line of credit is an emergency fund. That's just some lender trying to get rich off you.
- Some people have a problem with the concept of the money in their emergency fund just sitting there earning a pittance in interest, waiting to be called into active duty when the worst happens. Once they've built up a couple of thousand dollars, the vacation becomes a "sanity emergency," or they run up their credit cards and that becomes a "debt emergency."
- But anything you can predict having to spend money on is not an emergency — it should be a line item on your budget and become a planned spending category.

## Cancer prevention. Is coffee the new sunblock?

Drinking coffee can lower your risk for malignant melanoma, according to a new study from the Division of Cancer Epidemiology and Genetics at the National Cancer Institute in the U.S.

Spring-boarding on evidence that suggests coffee could protect against non-melanoma skin cancers, the researchers set out to learn whether it has this effect against melanoma.

They worked with a database of 447,357 subjects who in 1995 and 1996 responded to a questionnaire about their diet and provided follow-up information 10 years later, on average.

High coffee consumption — at least four cups per day of caffeinated coffee, not decaf — was associated with a 20-per-cent reduction in risk of malignant melanoma. The more coffee subjects drank, starting at one cup a day until four or more, the less at risk they appeared to be for malignant melanoma. AFP

A U.S. study found drinking at least four cups of coffee per day was associated with a reduction in risk of malignant melanoma. ISTOCK

**Dating**

### App lets you fake having a boyfriend

This Valentine's Day, singles can pretend they have a boyfriend or girlfriend using a new app that generates fake phone calls to the user's smartphone and lovey-dovey text messages that are conceived in cyberspace. The service, called Invisible Boyfriend or Invisible Girlfriend, depending on what you're looking for, lets you build an entire fantasy by selecting age, hobbies and a name and describing how you met. AFP

**Relationships**

### Swinging social life can boost health

Good friends can actually make you healthier in the physical sense in addition to improving your mental well-being, according to a new study from Concordia University. Working with a group of 60 international students whose lives were changed dramatically by a move to Montreal, psychology professor Jean-Philippe Gouin assessed social integration via a questionnaire that also gauged how lonely the students felt. AFP

# Three female entrepreneurs to watch

**Career.** Female entrepreneurs are steadily making up a bigger piece of the pie

MARIANNE HAYES
Metro in New York City

Lauren Abda PROVIDED

2014 was a record year for women entrepreneurs. Over 9.1 million female-operated U.S. businesses were in motion last year, which represents a 68 per cent increase since 1997, according to a Fox Business report.

Say hello to three female entrepreneurs who are using innovative ideas to turn heads in the business world.

### The foodie: Lauren Abda

It was through a series of internships, fellowships, and work experience that Lauren Abda came to be a rising voice in Boston's food scene.

With a passion for both food and tech, she noticed that no one was uniting these two sectors. Abda jumped on the opportunity to fill the void in 2013 with the launch of Branchfood.

The company serves as a meet-up group for food and tech entrepreneurs.

At its core, the company is really all about uniting thought leaders in the field and providing resources to help move their businesses further.

"Over time, it evolved into an organization that showcased food innovation in the city through panel presentations, networking gatherings and speaking engagements, and also inspired others to get into the space," says Abda.

Abda is also the managing director of The Food Loft, a co-working space for food and tech startups in Boston.

For others toying with the idea of pursuing opportunities in the industry, she says there has never been a better time to do so.

"There are huge opportunities in the food space for innovation and creativity," says Abda.

Abda was recently recognized as one of Zagat's top 30 under 30 in Boston's food scene.

**Quoted**

**"I just saw an opportunity because this was the first time as a consumer that I wanted to go out and buy a product, and what I wanted couldn't be purchased."**

**Rebecca Rescate**
Creator of CitiKitty

Rebecca Rescate PROVIDED

### The product developer: Rebecca Rescate

Serial entrepreneur Rebecca Rescate has been creating problem-solving products for the past decade. A two-time Shark Tank alum, she was pulled into product development back in 2005 after struggling to find ways to toilet train her cat. For Rescate, thinking like a consumer is what jump-started her success.

"I just saw an opportunity because this was the first time as a consumer that I wanted to go out and buy a product, and what I wanted couldn't be purchased," says Rescate, who launched a cat toilet training product called CitiKitty.

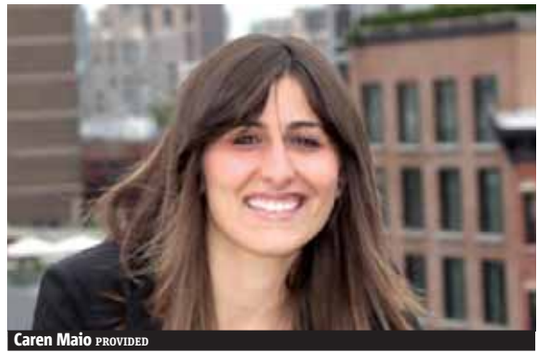
She pitched the idea on Shark Tank in 2011, which led to a $100,000 investment in the business.

Since then, she's gone on to create other problem-solving products including the HoodiePillow and 3Purpose.com.

But according to Rescate, it takes more than a good idea to be a successful entrepreneur.

"A good idea is essential, and it needs to be well thought out, but that is not what makes a business," says Rescate, who works just outside of Philadelphia.

"It's really being willing to push on your idea every single day, declare goals, and then actually execute on it so that you can take it to the finish line."


Caren Maio PROVIDED

### The problem solver: Caren Maio

Real estate maven Caren Maio is the founder and CEO of Nestio, a popular database for NYC brokers and landlords that features residential property listings.

But the business didn't start out that way. Maio and her team had originally launched an app with the consumer in mind.

It was essentially like a TripIt for real estate that allowed you to streamline and view multiple property listings from various sites. There was just one snag.

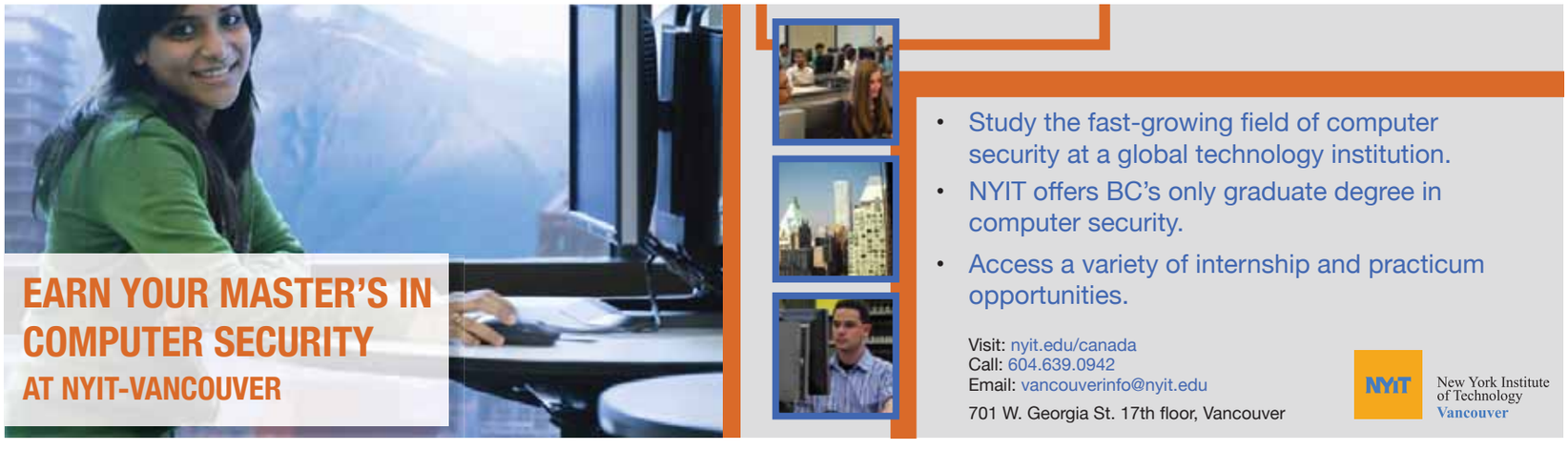
"Users kept telling us the same thing," says Maio. "Why are listings on all these other third-party sites either inaccurate or stale?" It turns out that flawed, antiquated systems were behind the problem.

Maio decided to pivot the company and focus intensely on back-end software for landlords and brokers.

The decision paid off. As of July, Nestio accounted for 30 per cent of all NYC landlords.

Women like Maio are steadily carving out a presence in the tech industry. "I'm seeing a real sense of camaraderie and much less competition between women in tech," says Maio, who advices new entrepreneurs to seek out mentors who can help guide them in a positive way.

"In the tech industry as a whole, people are immensely supportive of one another."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# I've been ogling my office crush online

OFFICE SPACE
Eleni Deacon
life@metronews.ca

Love might be in the air, but should you bring it down to earth with the click of your mouse? ISTOCK

**Dear Metro,**
**I was recently browsing OKCupid and came across a very cute guy who works at my company. I've always admired him from afar, but we've only met in passing since he works in another department on another floor. I badly want to send him a message, but I'm scared it might seem inappropriate if he's not interested. How can I make a move without making things weird at work?**
**— Long-Distance Lurker**

Dear LDL,
Online dating is an efficient way to cozy up to a faraway crush — or an efficient route to uncomfortable run-ins with an unrequited crush. When pursuing colleagues on OKC, creep carefully.

The taboos associated with online dating may be as passé as the three-day rule, but some online lovers still prefer anonymity. Learning that a real life acquaintance has peeped his profile — especially someone who knows him professionally — might irk your prospective date. You can't pretend you've never met, but you can keep things on the down-low if he prefers to remain incognito.

Before hitting send on the kissy-face emoji, attempt an in-person suss-out.

Take a break from stalking him on the internet and (subtly) stalk him in person: the elevator, the break room, wherever you can strike up real-life chitchat.

If he seems responsive in the flesh, he'll probably dig a virtual flirt.

This will only be as inappropriate as you make it. There's no way to guarantee romance, but if your approach is relaxed and upfront, you'll at least earn a new workplace pal.

**Dear Metro,**
**I'm the manager of a team of five. While everyone on my staff is competent, one employee totally outshines the others. I don't want to play favourites, but it would be great if the rest of my subordinates could perform at the level of my star. How can I make her an example without making everyone else resentful?**
**— Teacher with a Pet**

Dear TWAP,
There's a reason we say "playing" favourites. In the game of preferentialism, your standout staffer wins praise — while the rest feel like under-loved losers. In this case, however, it's you who might meet defeat.

Although singling out your star may seem like a team-boosting move, no one appreciates negative comparisons to their colleagues. Openly privileging one worker is more likely to kill motivation than awaken extra effort.

Instead of focusing on how Tim's performance stacks up against Julia's, focus on how each individual is improving their own work.

You can still praise your Number One, but her successes shouldn't represent the failures of others.

Pick pets at your own risk: choosing favourites won't just alienate your team from each other — it will alienate them from you.

Want to be your staff's favourite boss? Don't play favourites with your staff.

ELENI DEACON IS A TORONTO-BASED WRITER WHO HAS SEEN IT ALL AS AN EAGER EMPLOYEE OF BIG OFFICES, SMALL OFFICES, HOME OFFICES AND ONE ITALIAN RESTAURANT.

# Workplace blues can lead to booze: Study

**Career.** Research shows longer work hours can increase the risk of alcohol abuse

If you feel your health is being compromised by your work schedule, it may be time to address it with your manager. ISTOCK

It's true: working too hard can drive you to drink, say researchers who warn of the health risks of such dual excess.

An overview of studies covering more than 400,000 people showed that individuals who exceed 48 working hours per week are likelier to consume "risky" quantities of alcohol.

The paper, published in The BMJ journal, reported that long working hours boosted the likelihood of higher alcohol intake by 11 per cent overall.

People who worked 49-54 hours a week ran a 13-per cent higher risk of developing a "risky alcohol use" habit compared to counterparts who worked a 35-40-hour work week.

Those working 55 hours or more were 12 per cent more at risk.

"Risky" alcohol use was defined as more than 14 units per week for a woman and more than 21 for a man — levels that have been linked to a higher risk for liver and heart disease, cancer, stroke and mental disorders.

An alcohol unit is the equivalent of a third of a pint of medium-strength beer, half a 175-millilitre (six fluid ounces) glass of red wine with 12 per cent alcohol by volume, or a 25 ml-shot of whisky,

The findings add statistical backing to anecdotal evidence for a link between excessive work and alcohol abuse, the authors said.

More than a dozen developed economies were covered by the research, including Canada, Britain, Denmark, Finland, France, Germany, Japan, New Zealand, Spain, Sweden, Taiwan and the United States.

"This meta-analysis supports the long-standing suspicion that among workers subjected to long working hours, alcohol can seem like a fast acting and effective way to dull work-related aches and pains and smooth the transition between work life and home life," Cassandra Okechukwu of the Harvard School of Public Health wrote in an editorial.

Long working hours have previously been linked to cardiovascular disease, depression and anxiety.

The increased risk of developing a "risky" drinking habit from over-work was small in absolute terms, Okechukwu said.

Also, having a job was associated with a lower prevalence of alcohol consumption and a higher chance of recovery from alcohol misuse than being unemployed.

Even so, the risk should be taken seriously.

"Any exposure associated with avoidable increases in disease or health damaging behaviour, or both, warrants careful examination," said Okechukwu.

"Indeed, these findings could add impetus to further regulation of working hours as a public health intervention."

AFP

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# Serve Middle Eastern kabobs your way

**Lunch.** These Beef Kaftas with Tahini Sauce can be presented with bread options or on their own

**ROSE REISMAN**
For more, visit rosereisman.com or follow her on twitter @rosereisman

**FLASH FOOD**

**From your fridge to your table in 30 minutes or less**

A Kafta is a Middle Eastern dish resembling the American burger, but with a different shape and flavour.

Traditionally it is made with lamb or beef, but you can also use ground chicken to lessen the calories and fat.

The use of mint and cilantro along with a dash of cinnamon give this ethnic dish its originality.

You can put the Kafta on skewers or just roll the meat into oval shapes and grill or bake it. You can also barbecue the meat rather than baking it.

This combination of flavours goes well with a homemade tahini sauce and diced vegetables. I love to serve Kaftas with naan bread or a soft bun.

**Ingredients**

**Kaftas**
- 1 1/2 lb lean ground beef, lamb or chicken
- 1/2 cup minced onion
- 1 1/2 tsp minced garlic
- 1/2 tsp ground cinnamon
- 2 eggs
- 1/2 cup unseasoned bread crumbs
- 3 tbsp chopped mint
- 1/4 cup chopped cilantro
- Salt and pepper

**Tahnini Sauce**
- 2 tbsp reduced fat mayo
- 2 tbsp reduced fat sour cream
- 2 tsp sesame oil
- 2 tsp soy sauce
- 1 tsp tahini paste

**Garnish**
- 1/2 cup diced tomatoes
- 1/2 cup diced cucumber
- Naan bread, soft roll

## Directions

**1.** Preheat oven to 400 F. Combine all ingredients for Kaftas until well mixed. Form into 8 oval shapes and put a 6-inch wooded skewer through the middle (lengthwise) or omit the skewers if desired. On a hot grill pan, sear the outsides of the kaftas then place on a baking sheet and bake for 10 minutes or just until temperature reaches 160 F.

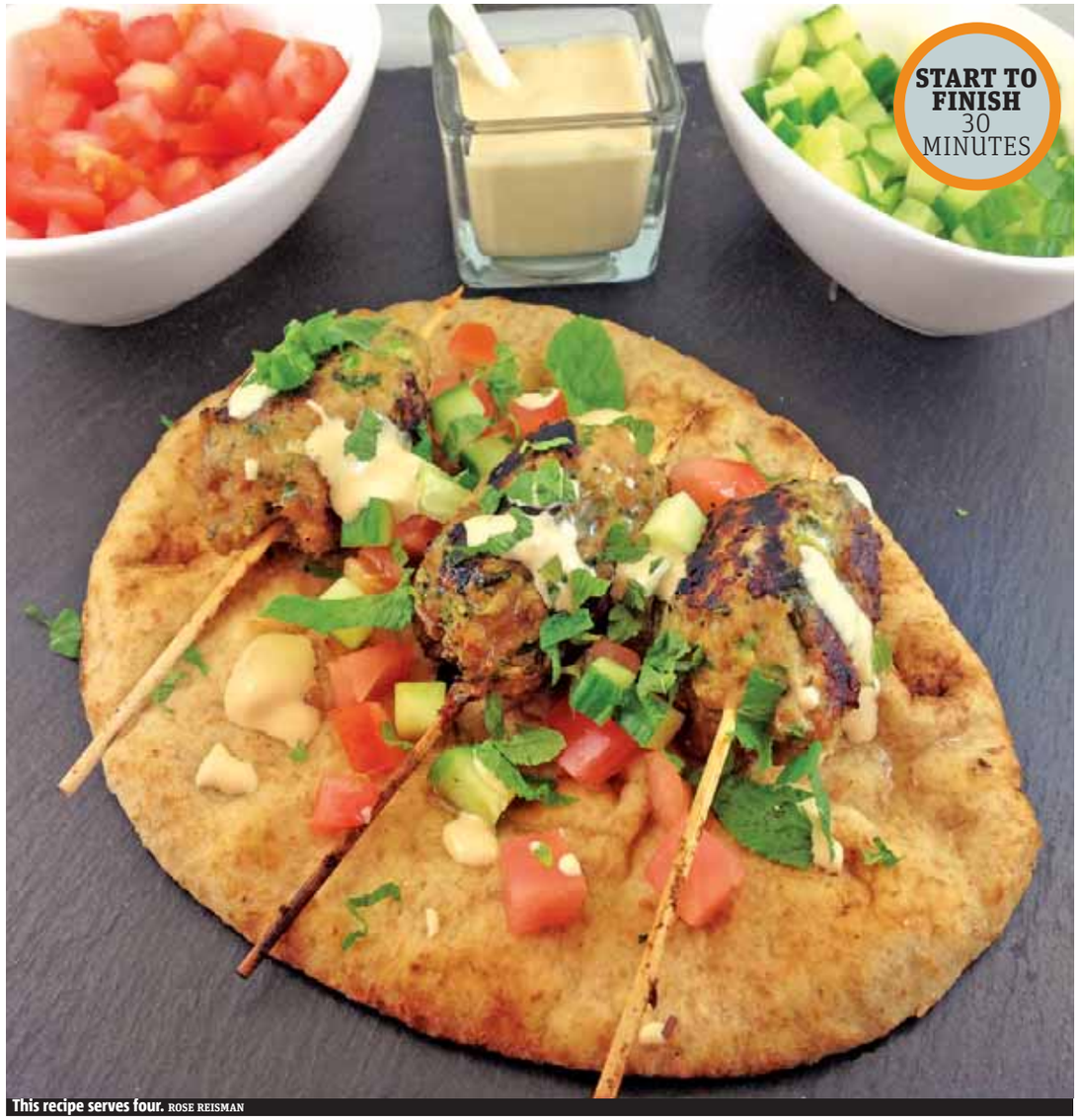
**2.** Meanwhile, make the tahini sauce by mixing the mayo, sour cream, sesame oil, soy sauce and tahini.

**3.** Serve Beef Kaftas with the tahini sauce and diced vegetables. If you're using the naan bread or soft rolls, serve the Kaftas over the top and drizzle with tahini.

**Nutritional information**

Per serving

- **Calories.** 377
- **Carbohydrates.** 11 g
- **Fibre.** 1 g
- **Protein.** 39 g
- **Total fat.** 18 g
- **Saturated fat.** 6 g
- **Cholesterol.** 189 mg
- **Sodium.** 384 mg




**This recipe serves four.** ROSE REISMAN

# A salad that defines simplicity

A long English cucumber when sliced lengthwise into ribbons makes a decorative salad or garnish.

This is a simple salad garnished with black olives and tomatoes and served with a Tzatziki sauce — easy and oh so tasty!

**1.** With a vegetable peeler, slice cucumber length wise leaving the skin on, until you get approximately 10 long cucumber ribbons. Decoratively place on a platter.

**2.** Divide olives and tomatoes overtop.

**3.** Combine ingredients for tzatziki sauce. If too thick, add a little water. Drizzle over top of salad.

**ROSE REISMAN**

**This Cucumber Salad recipe serves four.** ROSE REISMAN

**Ingredients**

- 1 long English cucumber (skin on)
- 3 tbsp sliced black olives
- 6 cherry tomatoes, sliced in half
- 1/4 cup tzatziki (homemade or store bought)

**Tzatziki**
- 1/3 cup plain low-fat yogurt or Greek yogurt
- 1 tsp fresh chopped dill
- 1 tsp lemon juice
- 1/2 tsp minced garlic
- salt and pepper

WHL

## Giants fall to Hitmen in Calgary

It hasn't been a kind road trip for the Vancouver Giants, with six games in the last eight days — and it's not over yet.

The Giants, now nearing the end of a seven-game road trip, lost to the Calgary Hitmen by a final score of 8-0 on Sunday.

Canucks prospect Jake Virtanen, taken sixth overall in last year's NHL draft, scored twice and added an assist for the Hitmen.

The Giants have dropped five of six so far on this trip. They don't play again until Friday, when they're back on the road to play the Everett Silvertips.

Despite winning just twice in their last eight games, the Giants still sit in the No. 3 spot in the B.C. Division, tied in points (42) with the Kamloops Blazers and Prince George Cougars.

CAM TUCKER/METRO

Humana Challenge

## Haas gets 1-shot win at La Quinta

Bill Haas pulled ahead with a 20-foot birdie putt on the par-4 16th and parred the final two holes for a one-stroke victory Sunday in the Humana Challenge.

Haas closed with a 5-under 67 for his sixth PGA Tour title and first since the 2013 AT&T National. He won the 2010 event at PGA West for his first tour victory.

Matt Kuchar, Charley Hoffman, Brendan Steele, Steve Wheatcroft and Sung Joon Park tied for second. THE ASSOCIATED PRESS

The Canucks' Radim Vrbata, representing Team Foligno, celebrates after scoring a goal against Team Toews on Sunday night at the NHL all-star game in Columbus. BRUCE BENNETT/GETTY IMAGES

# Columbus hosts goal display like no other

**NHL.** Team Toews and Team Foligno combine for record number of tallies in all-star game

All-star game

| 17 | 12 |
|---|---|
| Team Toews | Team Foligno |

By the time players finished scoring a record 29 goals at the NHL all-star game, they agreed that there was one loud, ear-piercing negative: The cannon at Nationwide Arena.

"I hate the cannon," Philadelphia Flyers captain Claude Giroux said.

Florida Panthers goaltender Roberto Luongo added that the cannon wasn't his favourite part of the weekend either.

The cannon went off more times in one game in the building than ever before, marking goals by the team led by Nick Foligno of the host Columbus Blue Jackets. Team Toews beat Team Foligno 17-12 in the mid-season exhibition featuring many of hockey's top stars playing shinny with no hitting, no defence and no mercy for goaltenders.

"That's all we're really doing out there is having fun and kind of trying to show our skill at the same time," Chicago Blackhawks winger Patrick Kane said.

And a lot of goals, breaking the record set in 2001 in Denver when North America beat the World 14-12. This one was a wide-open affair in which all but three players registered at least a point.

Jakub Voracek of the Philadelphia Flyers had six points on a hat trick and three assists, tying Mario Lemieux's 1988 record.

"I think it's a little different, Voracek and Lemieux, right?" said Voracek, the former Blue Jackets winger who also leads the NHL in scoring at the all-star break. "Three secondary assists. I'll take it, but I wouldn't make a big deal out of it."

Despite tying Lemieux, Voracek was not the most valuable player. Hometown star Ryan Johansen received that honour as part of an online fan vote.

THE CANADIAN PRESS

# Seahawk Sherman dubs Pats the villains

Richard Sherman, left, Marshawn Lynch and the Seahawks arrived in Phoenix on Sunday for this week's Super Bowl festivities. MORRY GASH/THE ASSOCIATED PRESS

Relishing no longer being in the "villain" role, Seahawks cornerback Richard Sherman is painting his team's Super Bowl opponent as the bad guys.

He also doubts the Patriots will be punished by the NFL if they are found guilty of doctoring footballs in the AFC championship game.

"It is what it is. Their resumé speaks for itself," Sherman said Sunday after the defending champions arrived in Phoenix. "The past is what the past is. Their present is what their present is. And, will they be punished? Probably not."

Quoted

**"To be painted villains I guess you need to do something heinous, and I didn't. You learn a lot about people around you and about society."**

**Seahawks cornerback Richard Sherman** who was catapulted into that "villain" role last year after his rant against 49ers receiver Michael Crabtree following the NFC title game.

The All-Pro cited NFL commissioner Roger Goodell's relationship with New England owner Robert Kraft as his main reason for being skeptical.

"Not as long as Robert Kraft and Roger Goodell are still taking pictures at their respective homes. He was just at Kraft's house last week for the AFC championship," Sherman added. "You talk about conflict of interest."

Patriots coach Bill Belichick said Saturday the team "followed every rule to the letter" in preparing footballs on game day. THE ASSOCIATED PRESS

4 SPORTS

## Pro Bowl goes down to wire

Tight ends Martellus Bennett and Greg Olsen celebrate a touchdown for Team Carter against Team Irvin in the NFL Pro Bowl on Sunday night in Glendale, Ariz. Hall of Famers Michael Irvin and Cris Carter chose the teams in a draft carried on with much hoopla Wednesday night. Irvin's side won 32-28. CHRISTIAN PETERSEN/GETTY IMAGES

FA Cup

### Upsets in England end with Arsenal

Arsenal, West Ham and Aston Villa redressed the balance for Premier League teams after a flow of upsets in the FA Cup, securing narrow wins over awkward lower-league opposition to advance to the fifth round on Sunday.

Chelsea and Manchester City were among five teams in the Premier League's top nine to be eliminated on Saturday.

THE ASSOCIATED PRESS

NBA

### Warriors hold on to top Celtics

Stephen Curry had 22 points and 11 assists, Klay Thompson scored 31 points and the Golden State Warriors beat the Boston Celtics 114-111 on Sunday night for their 19th consecutive home win.

Andrew Bogut added 13 points and 13 rebounds to help the Warriors to stay unbeaten in 14 games against the Eastern Conference this season.

THE ASSOCIATED PRESS

# Vintage DeRozan helps Raps fend off Pistons

**NBA.** Toronto guard's game starting to come around after injury

On Sunday

| Raptors | Pistons |
|---|---|
| 114 | 110 |

DeMar DeRozan is feeling like himself again.

DeRozan scored 25 points with six rebounds and four assists as the Toronto Raptors held off a late charge by the Detroit Pistons for a 114-110 victory on Sunday.

DeRozan missed 21 games between Nov. 30 and Jan. 12 with a torn left adductor tendon. Although he'd played in six games before Sunday's win, he finally felt 100 per cent against the Pistons.

"Tonight was the first night that every time I got it in transition I pushed it up and down the court," said DeRozan. "I was kind of intimidated doing it in a lot of games before.

"Every single day I feel more comfortable and better."

Jonas Valanciunas had 20 points and 11 rebounds for Toronto (29-15), which has now won back-to-back games. It was Valanciunas's team-best 14th double-double of the season.

"DeMar was going to find his legs at the right time and he did tonight," said Raptors head coach Dwane Casey. "I thought Jonas came in and gave us a good presence inside offensively, so I was really pleased with our overall offensive production."

All-star point guard Kyle Lowry had 11 points and eight assists for the Raptors. He addressed the sold-out crowd from half court before the game, thanking them for their support in voting him a starter in the NBA All-Star Game. He received a standing ovation as he promised to represent Toronto and Canada to the best of his abilities.

D.J. Augustin led Detroit (17-28) with a career-high 35 points. He added eight assists and four rebounds, substituting for the injured Brandon Jennings.

Before the game, Detroit confirmed that Jennings would be out for the rest of the season with a torn Achilles tendon. He was injured in the Pistons' 101-86 loss to the Milwaukee Bucks on Saturday night. Jennings averaged 15.7 points and 6.7 assists per game before getting hurt.

THE CANADIAN PRESS

DeMar DeRozan had 25 points, six rebounds and four assists in the Raptors' win over the Detroit Pistons on Sunday night. RICK MADONIK/TORSTAR NEWS SERVICE

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## AUGMENTED REALITY

**Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**

→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries
**March 21 - April 20**
A problem can quite easily be resolved, by ignoring it. This is a situation where something is an issue only because you choose to think of it as an issue.

### ♉ Taurus
**April 21 - May 21**
Be careful what you say today because if you leave any doubt about your meaning someone could take your words the wrong way and cause a scene.

### ♊ Gemini
**May 22 - June 21**
Force yourself to look on the bright side today. According to the planets you have nothing to worry about but you may have to trick yourself into believing it.

### ♋ Cancer
**June 22 - July 23**
This is potentially an excellent time for you but you find that hard to believe. Why? Mercury is playing tricks on your mind. A few days from now something remarkable, and most welcome, is going to happen.

### ♌ Leo
**July 24 - Aug. 23**
Don't dwell on negative news as the week begins, especially if it involves someone you care for. The planets say you're taking the situation too seriously.

### ♍ Virgo
**Aug. 24 - Sept. 23**
This may be a confusing day as the signals you get from co-workers are jumbled. Your best course of action is to ignore their words and focus on body language. It will speak.

### ♎ Libra
**Sept. 24 - Oct. 23**
Your logic circuits don't seem to be functioning, most likely because mind planet Mercury is in one of its retrograde phases. If in doubt, listen to what your inner voice is trying to tell you.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
The planets warn this is not a good time to take chances as cosmic activity in one of the more sensitive areas of your chart is clouding your ability to separate fact from fiction.

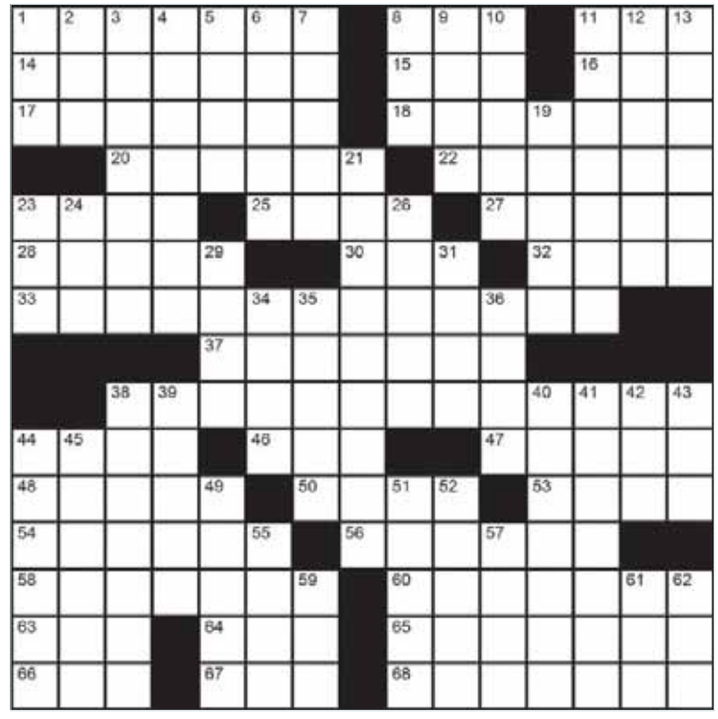
### ♐ Sagittarius
**Nov. 23 - Dec. 21**
You may find it hard to tell the good guys from the bad guys today, so be on your guard and take nothing for granted. You could also read too much into perfectly normal situations, so don't jump to conclusions.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
If something about your cash flow situation is bothering you chances are it is mainly, if not entirely, in your mind. So don't think, just act instinctively.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
Don't get carried away by your own enthusiasms. You will get your chance to shine but pushing too hard could be counter-productive.

### ♓ Pisces
**Feb. 20 - March 20**
You will have to deal with someone's negative emotions today, without getting negative or emotional yourself. Smile.

## Crossword: Canada Across and Down by Kelly Ann Buchanan



**Across**

1. CBC's new comedy starring Eugene Levy and Catherine O'Hara, "__ Creek"
8. Director Mr. Lee
11. British mother, colloquially
14. There's no one like 'her' in The Turtles tune
15. Caviar
16. Lab eggs
17. Carnivorous dish: 2 wds.
18. Palais des __ (Montreal convention centre)
20. Circle of latitude north of the Equator, __ of Cancer
22. Primps
23. Okinawa seaport
25. The Hollies song, when tripled
27. Result
28. Tony-winning actress Judith, and surnamesakes
30. '_' __ in Queensville
32. Conform to commands
33. Engineering marvel connecting Cape Breton to mainland Nova Scotia: 2 wds.
37. "Beauty and the Beast" (1991) candelabra character
38. "The __ __ __": Rush song that goes "Begin the day with a friendly voice..."
44. Really cry
46. L's spelling
47. Era
48. Also known as...
50. Price listing word
53. Romantic's creation
54. Fractured finger fixer
56. Howie __, Canadian hockey analyst
58. 1960s series, "Dr. __"
60. She gave Theseus thread to escape the Minotaur's labyrinth
63. 'Serpent' suffix
64. __-de-sac
65. Time in a recording studio
66. Mr. Beatty
67. Essential
68. Reverences

**Down**

1. School yr. part
2. NBA Cavs, on a scoreboard
3. Infidel
4. New-assignments-holders on desks
5. Classic TV mouse, __ Gigio
6. Vacations
7. Don't give up, __ __ through
8. Curve
9. Cute-sounding denial
10. Sort or style
11. BC: One of the two big Haida Gwaii islands
12. Street sort
13. Toronto-born actor Raymond who starred on #58-Across
19. Birthplace of Columbus
21. City in BC
23. Ms. Kidman, to pals
24. Ms. Gardner
26. Promenade
29. Prefix meaning 'Sun'
31. Feudal worker
34. Medical breakthrough
35. "...inch and he'll take _ __."
36. "The Way We __" (1973)
38. Guzzled
39. Tartan
40. Placate
41. Options-in-a-desperate-situation
42. Wintertime surface
43. Electrical resistance unit
44. __-Robbins ice cream chain
45. __ skiing
49. Coffee break treat
51. Quit
52. "__ hoping!" (Dreamer's exclamation)
55. Genuine
57. 'Sun' suffix (Big name in oranges)
59. English cathedral town
61. __ de plume
62. Nav. rank

## Friday's Crossword

## Online

See today's answers at metronews.ca/answers

## Conceptis Sudoku by Dave Green

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 5 | 1 | 7 | 4 | 2 | 8 | 3 | 9 |
| 3 | 2 | 8 | 6 | 9 | 1 | 4 | 5 | 7 |
| 4 | 9 | 7 | 5 | 8 | 3 | 6 | 1 | 2 |
| 7 | 3 | 5 | 2 | 1 | 4 | 9 | 6 | 8 |
| 9 | 6 | 4 | 3 | 7 | 8 | 5 | 2 | 1 |
| 1 | 8 | 2 | 9 | 6 | 5 | 3 | 7 | 4 |
| 5 | 1 | 9 | 4 | 2 | 6 | 7 | 8 | 3 |
| 2 | 7 | 3 | 8 | 5 | 9 | 1 | 4 | 6 |
| 8 | 4 | 6 | 1 | 3 | 7 | 2 | 9 | 5 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 7 | 2 | 9 | 1 | 6 | | | |
| | | 8 | | | 5 | 2 | 7 | |
| | | 6 | | | 2 | | | 3 |
| | 5 | | | | | 8 | | 9 |
| 8 | | | | | | | 2 | 4 |
| 9 | | | | | | | 3 | |
| | 1 | | | | | 5 | | |
| | | 7 | | | 9 | | | |
| | | | 6 | 8 | | | | |

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